



Labor, Culture and Community
April 28 – May 5, 2018

Saturday, April 28, 2018 :

- 2:00 pm | Please plan your arrival in Havana by 1 pm if you would like to take our group transfer to the hotel.
- 3:00 pm | Check-In Copacabana
- 5:00 pm | Overview of Political and Economic Changes in Cuba (economist Rafael Betancourt requested).
- 7:00 pm | Welcome Dinner at El Aljibe

Meals Included : Dinner

Sunday, April 29, 2018 :

- 9:30a | Orientation Meeting
- 10:00 am | Explanation of the history and development of Havana by an architect/urban planner, explanation of the social and political effects on the development of the Cuban Capital (Miguel Coyula requested).
- 12:30pm | Lunch at a Paldar
- 2:00 pm | Visit to the Museum of the Revolution.
- 3:30 pm | Walking tour of Old Havana
- 9:00 pm | Dinner and Evening free for Culture options – The Fabrica del Arte

Meals Included : Breakfast, Lunch

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Monday, April 30, 2018 :

- 9:00 am Visit to Cuban Workers Confederation, CTC
- 11:30 am Exchange with the Muraleando Community Arts Project
- Lunch
- 2:00 pm Center for the Protection of Girls and Boys or CENESEX
- 4:00 pm Exchange with Cuban Film Maker Gloria Rolando
- 9:00 pm Dinner and Evening free like for cultural activities like live jazz at the Jazz at the Fox and the Crow

Meals Included : Breakfast and Lunch

Tuesday, May 1, 2018

- AM All day participate in May Day march in Revolution Square,
Dinner tonight is at the Jardin de los Milagros with invited Cuban guests

Meals Included : Breakfast and Lunch

Wednesday, May 2, 2018 :

- 9:30am Exchange with a representative of the FMC to learn about gender equity in Cuba today.
- 11:30am Salsa Dance Lessons followed by Lunch
- 2:00 pm Learn about the functioning of Cuba's Congress and lawmaking or Poder Popular.
- 3:30 pm Exchange with the Quasicuaba community wellness project.
- 5:00 pm Private musical performance (Grupo Mezcla requested)
- 7:00 pm Dinner and Evening free for Culture options – Cultural Activities

Meals Included : Breakfast, Lunch

Thursday, May 3, 2018 :

- 9:30am Visit to Alamar and the Vivero Organiponico or another local farm to learn about urban agriculture.
- 12:30pm Lunch in Cojimar.
- 3:00 pm Visit to a local family doctor or health clinic to learn about health in Cuba in Cojimar.
- 6:00 pm We will visit la Forteleza de La Cabaña whose construction began in 1763 for its remarkable vistas to Havana. Here we will visit the Command Headquarters of 'Che' Guevara.
Dinner and Evening free for Culture options – Cultural Activities
- Meals Included :** Breakfast, Lunch

Friday, May 4, 2018 :

- 9:30am Meeting with ICAP for a discussion on the current relationship between the US and Cuba.
- 11:30am San Jose Artisan Market Visit and free time for exploration and lunch.
- 2:30 pm Visit to the Literacy Museum and learn about the Cuban literacy program.
- 4:00 pm Visit the studio of Cuban Photographer Roberto Salas who will share a bit of his life story and images of the Cuban Revolution starting in 1956.
- 7:30 pm Farewell dinner at Havana Fusion Paladar
- Meals Included :** Breakfast, Dinner

Saturday, May 5, 2018

- 8:00am Breakfast
- 9:00am Check out and depart for the airport.
- Meals Included :** Breakfast

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