



Labor, Culture and Community in Cuba

April 27 – May 5, 2019

Saturday, April 27, 2019

- 2:00 pm | Please plan your arrival in Havana by 1 pm if you would like to take our group transfer to the hotel.
- 3:00 pm | Check-In to the hotel Copacabana.
- 5:00 pm | Orientation and Meet and Greet Session.
- 7:s0 pm | Welcome Dinner at San Cristobal Paladar.

Meals Included : Dinner

Sunday, April 28, 2019 :

- 9:00a | Explanation of the history and development of Havana by an architect/urban planner, explanation of the social and political effects on the development of the Cuban Capital (Miguel Coyula requested).
- 11:00am | Visit to the Museum of the Revolution.
- 12:30pm | Lunch at a the Bodequita del Medio in Old Havana
- 2:00 pm | Walking tour of Old Havana and visit to the Taller Graffica. Enjoy a guided **Walking City Tour of Havana**, a UNESCO World Heritage Site. Delegates also have time to engage with Cubans at their art studios, galleries and markets where participants will meet with Cuban artists and find out first hand how artist negotiate between the tourist market, a socialist economy and new opportunities for individual entrepreneurship. Visit the four major historical squares of Cuba.

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Historian's massive efforts to restore Old Havana buildings, attract tourism and new investment, and improve social services for local residents. See buildings and homes in different stages of reconstruction, meet with neighborhood residents. Learn about how tourism impacts economic good.

5:00pm Break to debrief, swim or relax.

7:00 pm Dinner and Evening free for Culture options – The Fabrica del Arte

Meals Included : Breakfast, Lunch

Monday, April 29, 2019 :

9:00 am “Overview of Political and Economic Changes in Cuba” by economist Rafael Betancourt requested.

11:30 am Excursion with **the Muraleando Community Art Project**, a community-based art programs in Havana, inspired originally by local neighborhood artists who taught art “in the streets.” Outdoor murals and sculptures, depicting fanciful celebrations of Cuban life, were a natural outgrowth of these art classes.

Lunch At El Aljibe

2:00 pm Learn about labor history in Cuba as we exchange with a member of the Cuban Workers Confederation, CTC.

4:00 pm Visit the home studio of Cuban Photographer Roberto Salas who will share a bit of his life story and images of the Cuban Revolution starting in 1956.

9:00 pm Dinner and Evening free like for cultural activities like live jazz at the Jazz at the Fox and the Crow

Meals Included : Breakfast and Lunch

Tuesday, April 30, 2019 :

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- 9:30 am Visit to the Literacy Museum and learn about the campaign to end illiteracy in Cuba. It is a model that has been emulated internationally.
- 11:30 am Exchange with Cuban Film Maker Gloria Rolando and see her short, Dialogue with My Grandmother.
- Lunch At Jardin de los Milagros Paladar
- 2:00 pm Center for the Protection of Girls and Boys or CENESEX to learn about reproductive rights, sexual education and LGBYT rights in Cuba today.
- 4:00 pm Meet with students from the FU (the Federation of University Students) or the UJC (the Young Communists Union) to get youth perspectives on the Revolution today.
- 9:00 pm Dinner and Evening free for cultural activities like live Cuban jazz at the Jazz at the Fox and the Crow/La Zora y El Cuervo.

Meals Included : Breakfast and Lunch

Wednesday, May 1, 2019

- AM All day participate in May Day march in Revolution Square,
Lunch will be TBA depending upon May Day activities.
Dinner and Evening free for cultural activities

Meals Included : Breakfast and Lunch

Thursday, May 2, 2019 :

- 9:30am Exchange with a representative of the FMC to learn about gender equity in Cuba today.
- 11:30am Salsa Dance Lessons followed by Lunch at 1830.
- 2:00 pm Learn about the functioning of Cuba’s Congress and lawmaking or Poder Popular.
- 3:30 pm Exchange with the Quasicuaba community wellness project, and learn about how the popular religion Santeria is an instrument for community support.
- 7:00 pm Dinner and Evening free for Culture options – Cultural Activities

Meals Included : Breakfast, Lunch

Friday, May 3, 2019 :

- 9:30am Visit an organic urban farm in Alamar, on the outskirts of Havana and exchange with local gardeners. The Organopónico Vivero Alamar. Engage with one of Havana's largest and most successful urban garden, a Unidad Básica de Producción Cooperativa (Basic Unit of Cooperative Production). Covering 11 hectares in Alamar, a residential suburb, the allotment's rows of vegetables are overshadowed by grey Soviet-style blocks of flats. Though small, the garden (really more of an urban farm) is incredibly productive. As well as fresh vegetables, fruits, ornamental plants, seedlings, timber and medicinal and spiritual plants, the cooperative also produces dried herbs, condiments, garlic paste, tomato sauce and pickles; vermicompost, compost and substrates; goat and rabbit meat and mycorrhizal fungi. The Organopónico also welcomes tourists and holds workshops and courses in organic agriculture. We will request to meet with Isis Salcines.
- 12:30pm Lunch at Ajiaco Paladar in Cojimar.
- 3:00 pm Briefing and discussion with the Antonio Nunez Jimenez Foundation for Nature and Humanity . The Antonio Núñez Jiménez Foundation for Nature and Humanity (FANJ) is a cultural and scientific non-governmental institution, dedicated to research and promotion of programs and projects for the protection of the environment as it relates to culture and society meet with Agroecology expert Roberto Perez.

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6:00 pm | Then we are off to explore the Fortaleza de San Carlos de la Cabana. At the time of its construction in the 1770s it was the largest fort the Spanish had ever built, as well as the most costly. Following the occupation by the British, who used this location to secure the port for their side, the Spanish set about building Fortaleza de San Carlos de la Cabana. Here we will visit the Command Headquarters of 'Che' Guevara Then at 9 pm see the Canon Firing Ceremony.

Dinner is free, or we will have a reservation at El Pastor Divino.

Meals Included : Breakfast, Lunch

Friday, May 4, 2019 :

9:00am | Meeting with ICAP, (the Cuban Institute for Friendship with the People) for a discussion on the current relationship between the US and Cuba.

11:00am | Visit to the Fine Arts Museum for an overview of contemporary Cuban arts.

12:30 pm | San Jose Artisan Market Visit and free time for exploration and enjoy free time for lunch.

3:00 pm | Pick up at the Market and drop off to the hotel Copacabana.

6:00pm | Wrap up discussion circle with Rachel Brunkhe.

7:30 pm | Farewell dinner at Le Chansonnier Paladar, with invited guest Bruno from Cuba Solar.

Meals Included : Breakfast, Dinner

Saturday, May 5, 2019

8:00am | Breakfast

9:00am | Check out and depart for the airport.

Meals Included : Breakfast

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