



Delta Geographic Journey to Uganda:

**Expedition to the Source of the Nile
May 22-31, 2019**

May 22, 2019 :

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| | Arrival into Entebbe International Airport and transfer to your Hotel in Kampala. We will arrange a group one morning and one afternoon pick up. Please arrive by 3pm. |
| 5:00 pm | Meet and Greet with Beb followed by an Orientation Meeting with your Altruvistas representative. |
| 7:30 pm | Welcome Dinner
Meals Included : Dinner |

May 23, 2019 :

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| | Breakfast |
| 9:00 am | Guided City Tour. The city has a population of about 1.2 million people. The city also has highlights of the country's treasures that also define the country's history. Namugongo Martyr's Shrine, the shrine commemorates the twenty Ugandan Christian heroes that were burnt alive in 1886 under the regime of the late King Mwanga Basamula of Buganda kingdom.

You will then proceed to the Bahai temple that sits on one of Kampala's famous hills, then the Uganda Museum and Makerere University gallery |

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Lunch

1:00pm

3:00pm

We continue with visits to the Ksubi tombs, Bulange and Kabaka's lakes. **Our afternoon highlight is visiting the gallery and sharing with representatives from Malaika Media** “We are Malaika Media , fluent in Photography, video and web. We love transforming ideas into experiences that engage and captivate audiences. We are aligned with the UN Sustainable Development Goals”.
<http://www.malaikamediaug.com>

Return to your hotel and enjoy time to rest

Invited Speaker to our hotel from the NGO **Raising Voices** a local NGO that provides technical support and capacity building on violence against women and children, and human rights.-

Meals Included : Breakfast, Lunch, Dinner

May 24, 2019 :

9:00 am

Breakfast

Visit with the **Uganda Human Rights Commission** to set the scene regarding human rights situation in general and human/children trafficking in particular within Uganda. -

12:30pm

Lunch and then visit to the **Umoja Art Gallery**.

3:00 pm

Exchange with **the Wolves**, a leadership training and rehabilitation centre for young people (former street kids) through sports. The Wolves Football Club is the main project

5:00 pm

Free time to rest. And dinner free for local venues.

Meals Included : Breakfast and Lunch

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May 25, 2019 :

- 9:30 am Today we hit the road to Gulu/Kitgum, the northern Uganda region, where we'll visit the camps of displaced people called the Acholi. After arrival, we will tour the Village and experience the local condition.
- 5:00pm Hang out at **local ThriveGulu** staff and we will share dinner together at our hotel.
<https://thrivegulu.org>

Meals Included : Breakfast, Lunch, Dinner

May 26, 2019 :

- 10:00am **Exchange with team at THRIVEGulu**
 Learn about the work and history of the organization and visit to the center
- Lunch In the community
- 3:00pm Visit some of the Project Rose House, Sisters Bakery, Visit Beads of Hope & Women of Peace
- Evening is free for dinner and cultural activities.

Meals Included : Breakfast, Lunch

May 27, 2019 :

- 9:00am After breakfast meet with one of the NGOs working in Gulu, where we will continue to learn about the children rescued from the rebel groups.
- In the afternoon we will head to **Murchison Falls National Park, the game park**. The Murchison Falls, also referred to as the Kabarega Falls, is a waterfall found on the course of the great Nile. It actually breaks the stunning Victoria Nile, that flows across Uganda's northern region from the vast Lake Victoria to the deep Lake Kyoga and continuing to the northern tip of Lake Albert within the western arm of the great East African Rift. Right on the peak of the Murchison Falls, the waters of the Nile force their

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way through a small slit within the rocks, which is just 7 meters or 23 feet wide, and topples to 43 meters or 141 feet below with a thunderous roar forming a residual water spray that forms a beautiful rainbow; the view is very breathtaking! From here it then continues its westward into the stunning Lake Albert.

Meals Included : Breakfast, Dinner

May 28, 2019 :

9:30am Enjoy a **game drive in the morning and a boat cruise in the afternoon**. After the boat cruises, we will go to the top of the falls. Overnight at Nile Safari Camp.

7:30 pm Dinner discussion about bio-diversity and conservation.

Meals Included : Breakfast, Lunch, Dinner

May 29, 2019 :

8:00am Breakfast
After breakfast check out and leave for a Chimpanzee Tracking in Budongo Forest. A three to four-hour experience, spending one hour with the chimpanzees of Budongo Forest.

12:30pm Visit
Lunch

3:00pm **Visit to a local farming village or shamba on our way back to Kampala (a four hour drive) .** Exchange with local farmers and time to photograph.
farewell dinner

Meals Included : Breakfast, Dinner

6:30pm Check in to our hotel

Dinner and evening are free for local cultural activities like live music at **Jazzville**.


Meals Included : Breakfast, Lunch

May 30, 2019 :

am	Free Time for Photo Walk.
11:00am	Lecture at the Makerere University faculty of law: “Refugee law project”.
1:00pm	Lunch
3:00pm	In the afternoon visit to Fair Trade stores like Kampala Fair , that sells traditional kitenge dresses, children’s clothing, batik pillos, etc. www.kampalafair.com .
6:00pm	Enjoy a a farewell dinner and outdoor cultural show at the Ndere Centre

May 31, 2019 :

Check out and depart for the airport.

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