

Maori Traditions and a Culture of Healing in New Zealand

With Kathleen Scacciaferro

February 5– 20th, 2020

February 5 Kia Ora~ Welcome! (D)

Arrive in Auckland, New Zealand . We will facilitate a group transfer at a local hotel or at the airport. We will meet and then check into our hotels (all will be 3 stars in the city).

7:30 Pm **Welcome Dinner.**

Overnight in Auckland, 3 star hotel

February 6 and 7th 90 Mile beach Days (B, L)

These are days to relax and restore in the coastal beauty of New Zealand.

Overnight in Auckland, 3 star hotel or lodge

February 8th Kerikeri: A Day of Scenery & History (B, L)

Today we check out of our hotel to enjoy a scenic drive toward the Northern tip of the North Island to Kerikeri (about 3 hours). We will visit **Rainbow Falls** upon arrival and then have lunch, and visit **the Stone Store**, New Zealand's oldest building. Rewa's Village will take you back to a time before European settlement. Established in 1819, the **Kerikeri Mission Station** is one of the first places in New Zealand where Māori invited visitors to live among them. Built under the protection of local chiefs who were keen to harness the trade and technology of Europe, Kerikeri Mission Station grew amidst a backdrop of tribal warfare and ever-increasing visits from foreign ships.

Overnight in 3 star hotel

February 9, 10, 11 and 12 Maori Healers and Cultural Immersion (B, L, D)

These days are dedicated to experiencing the Maori of the North Island. We will stay in a beautiful Airbnb very close to the community, and the only one!

Daily we will have a continental breakfast an the house, then we have lunch with the community, and dinner with our hosts in the house.

During the 4 days we will focus on Maori learning about the Maori healing practices, culture and lifestyle, including creation stories, cosmology and wayfaring. We will examine traditional agriculture and the relationship with the land.

There are many powerful and sacred practices traditional to Māori healing, and they have been preserved by elders and healers through generations. Some fundamental techniques include:

- Rongoa (healing with native plants)
- Whaikairo (greenstone carving)
- Mirimiri and Romiromi massage
- Waiata and Karakia (song and ritual chanting)
- Puoro (creating and playing traditional instruments)
- TaMoko (traditional tattooing)
- Raranga (weaving)
- Haerenga (sacred journey to hot pools and caves where ancient tohunga were initiated)

We will have a sharing of the Model of Māori health Te Wheke Kamaatu. We also will have time to enjoy the coast and beauty of this area!

Overnight in Large Airbnb House

Thursday February 13th Waitangi: History of Maori (B, L)

this morning check out of the hotel and we leave for a **full day excursion to Waitangi**, celebrated as one of the most significant places in all of New Zealand. The Waitangi Treaty Grounds is where a treaty was signed between the Maori and the Europeans. We will have lunch here, experience a Kapahaka cultural performance, and have time for paddling in a waka (Maori canoe). We will also meet a representative of the Maori and learn about the work, education and advocacy fostering Maori rights and sovereignty. We will learn about anti-racism efforts behind the Waitangi Tribunal in 1985.

Overnight in 3 star hotel

Friday February 14th Happy Valentines Day (B,)

This morning we will have a leisurely one, and we will make our way back to Auckland for a flight to Wellington. Today is a light day and we will allow for free time for you to explore Wellington.

Overnight in Wellington 3 star hotel

Saturday, February 15th Healing Touch for Animals (B,L)

Day is dedicated for Healing Touch for Animals Service and exchange with Annis Parker . The Healing Touch for Animals course is at the Silverstream venue in the Lower Hutt area off Wellington. <https://silverstreamretreat.co.nz/>

This evening we will meet with some local women , visit their art studio and talk about their art.

Overnight in Wellington 3 star hotel

Sunday February 16th Healing Touch for Animals (B,L)
Day is dedicated for Healing Touch for Animals Service and exchange with Annis Parker.

Overnight in Wellington 3 star hotel

Monday February 17 Lake Taupo (B,D)
Enjoy an excursion to the beauty of Lake Taupo. This is a lake that is in the Caldera of the Taupo Volcano, and is the second largest freshwater lake in the region. This area is a Taonga (a treasure of a place/something to be revered). We will have time to hike and swim. If some of you like you may rent kayaks this afternoon. We will be driving for about 5 hours today but enjoy stops and lunch along the way. One highlight is the Tongariro National Park.

Overnight in Taupo 3 star hotel

Tuesday, February 18th Wai-O-Tapu thermal wonderland (B,D)
Enjoy an excursion to Wai O Tapu and enjoy free time to enjoy the beauty of this place. We will visit the hot springs and see there dramatic colors. This geothermal area covers 18 km. In the afternoon enjoy free time for soaking in a local spa. This evening we will enjoy a cultural overview and dinner at the Tamaki Maori Village.

Overnight in Rotorua 3 star hotel

February 19th The Hobbiton: Green & Gorgeous (B, L D)
8:30 am We check out this morning and make our way to Mount Maunganui in Tauranga this morning. Here we will enjoy free time to walk around the Mountain, or for those seeking cardio for a run up!

Then we are off for our afternoon excursion to the **Hobbiton Movie Set**. This is the beautiful iconic backdrop for the Lord of the Rings and Hobbit movies. The location is the largest “green set” in the world. We will have a “Shire” inspired buffet lunch on site upon arrival.

7:00am We end our journey celebrating together are out **Farewell Dinner**.

Overnight in Auckland

February 20th

(B)

We will check out of the hotel and drive to the airport to transfer back home.

This Journey is Powered by ...

