



Sacred Sites & World Heritage in Peru

September 6-15, 2020

September 6 Bienvenidos a Peru! (D)

Arrival in Lima by 3 pm for a transfer to our hotel. Lima was founded by Spanish conquistador Francisco Pizarro on January 18, 1535, as *Ciudad de los Reyes*. It became the capital and most important city in the Spanish Viceroyalty of Peru. Following the Peruvian War of Independence, it became the capital of the Republic of Peru. Today, around one-third of the Peruvian population live in the metropolitan area that is the largest city in Peru. You will meet your guide in Peru Giovana Ayala for an orientation session meeting at the hotel reception. **Welcome Dinner** at Mangos restaurant. The restaurant with the best panoramic view of Lima's Green Coast.

September 7 Orientation and World Heritage (B, D)



After breakfast we are off to enjoy a historic **Walking City Tour** of the Plaza Mayor, San Francisco church with their catacombs, Government Palace and old city. We will be visiting the **Larco Herrera Museum**, the largest private collection of pre-Columbian art in the world. The highlight of our day is a **culinary arts class and dinner together in one of the best places in Lima "Urban Kitchen"**. Peru is well

known for its culinary excellence. You will learn about basic food stuffs and learn how to prepare classics like Ceviche and Lomo Saltado under the supervision of a renowned chef.

September 8

(B,L)

Today we leave for a day excursion to San Bartolo, to visit the “**Generacion**” house and meet with Executive Director, Lucy Borja. Lucy is an everyday hero that has worked tirelessly to support the rights of street children. We will learn about her work and social issues impacting young women today. Then enjoy some time with the community of the **Surfing Tribe** at the beach. Lunch at “Hacienda Mamacona” The Rizo Patrón family, owners of the hacienda, have been traditionally linked to agriculture, cattle breeding, as well as the breeding of Paso Horses, a noble animal of unique characteristics in the world, a nice place where you will enjoy Peruvian cuisine with a Folkloric Show Marinera, afroperuvian dances and Peruvian horses show. Dinner and Eve free for a facilitated discussion.

September 9

(B,L)

Depart for the “Imperial city of Cusco”. Arrive in Cusco and transfer to the Sacred Valley of the Incas, where we will enjoy a delicious lunch.

After lunch we will take you to your lovely hotel “Las casitas del Arco Iris” located in the heart of the Sacred Valley surrounded by nature. The hotel has a nice project that helps local children and provide them with education and health.

Evening free to rest (please do as the altitude can impact your energy levels).

September 10

(B,L)

Today we are off for a full day excursion to the many sites of the Sacred Valley, home to several royal estates of Inca emperors. First, we will visit Ollantaytambo, a small Inca city living and visit the spectacular fortress temple site.

After lunch we will go to Pisac town famous for its beautiful Inca ruins on the hillside overlooking the city.

In the afternoon we will have a meeting with our spiritual guide Marcela Pantigozo , we will make an offering to our mother earth Pachamama, Marcela will explain the Andean religion and cosmo – vision and then proceed to a clean energy ceremony.

September 11

(B,L)



After breakfast your tour guide will pick you up for a tour to Maras, a small traditional town, we will spend time in the incredible Salt ponds of Maras, a place where indigenous people obtained salt from a local subterranean stream since the Inca's time.

After the visit in the Salt ponds we will go to Moray, an archeological site in Maras.

Moray is an enigmatic place, with circular terraces created by the Incas, it was a center for agricultural experimentation.

During the visit you will have free time to walk around the area and enjoy your delicious box lunch.

Then we will go to Raqchi School, an Andean local School, located in Chinchero. The children at the school are going to welcome us and we will have the opportunity to exchange presents with them.

Later in the afternoon we will take the train from Ollantaytambo Station to Machu Picchu, spend the night at Gringo Bill's Hotel.



September 12

(B, L)

Today we are going to one of the Wonder of the World “**Machu Picchu**” After breakfast you will be accompanied to the bus station for a 20 – minute ride up to the secluded citadel, which is surrounded by a cloud forest. During the day you will have a brief guided excursion around the archeological place, then you will have time to wander, hike, or just sit and meditate in this spectacular place. After lunch in Aguas Calientes town we will take our train back.



Enjoy lunch in a local restaurant.

September 13

(B, L)

Today we will enjoy a guided City tour around this amazing town including a visit to the local market “San Pedro”, Temple of the Sun “Coricancha” and the remarkable ruins of Sacsayhuaman and Qenqo.

September 14

(B, D)

Today we will go to “Mantay”, a home for adolescent mothers and their children in Cusco. In Mantay the young mothers are trained in a variety of workshops that are crucial to obtain a job and be independent, but above all they live in a loving environment.

Evening is free, you can explore Cusco city on your own and enjoy taking photos in town.

Farewell Dinner in a nice local restaurant concludes our journey together

September 15

(B)

Breakfast and departures from Cusco back to US. Please make your return flight home from Cusco.

However we recommend staying on for a day or two and enjoying Cusco on your own. It is easy to navigate with many shops and museums.

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