

## Climbing and Conservation Adventure to Cuba

## Feb. 26 - March 5<sup>th</sup>, 2022

Day I Feb. 26 Welcome to Cuba (D)

Arrival in Havana

3:00pm Check in to our Casas Particulares

6:00pm Meet and Greet Orientation Session with Tree Monkey and our local host from

FANJ (fanj.org).

7:30pm Welcome Dinner with Traditional Cuban Food!

Day

2 Feb. 27

(B, L)

9:00am Presentation on the history and development of Cuba by Cuban architect Miguel Coyula. This will provide an important foundation for what you will experience in the days to come.

II:00am Enjoy a guided walking tours of Old Havana . Learn about the Master Plan for Restoration of Old Havana through the salvaging of neglected buildings, tourism for restoration investment, and the accompanying social plans. Additionally there will be dialogue with staff about the importance of UNESCO World Heritage Sites, national patrimony, restoration and urban planning. Experience the City Historian's massive efforts to restore Old Havana buildings, attract tourism and new investment, and improve social services for local residents. See buildings and homes in different stages of reconstruction, meet with neighborhood residents as they engage in selling arts and crafts.

I:00 pm Lunch at Paladar in Old Havana

3:00pm Exchange with FANJ, Museum and conference "Introduction to Cuba's Nature and Environment". Here we will learn about their work and receive an overview of Sustainable Development in Cuba today.

5:00pm Free time to rest

7:00pm Optional dinner reservation or enjoy time to wander and explore the streets and culture of Havana.

Day 3 Feb. 28 (B, L, D)

8:00am Breakfast and check out

9:00am Depart for the Las Terrazas community in the Sierra de Rosario Bio

**Reserve**. Enjoy a community guided visit this ecological community and environmental education center. Participants will meet with reserve officials and community and student volunteers working in the reserve. We will receive an overview of the history of the project and then have time for lunch will be at **El Romero**- where will will meet and exchange with the gourmet Vegetarian Tito!

3:00pm Exchange and Hike with local **CITMA staff and scientists** to see the reforestation.

5:00pm Free time to check in to casas and rest.

7:00pm Dinner at la Moka hotel.

Day 4 and Day 5, March 1st and 2nd

(B, L, D)

These two days are fully dedicated to our forest immersion experience.

One afternoon we will have time to meet with local artists Jorge Duporte, Lester Campa, Henry Alamo and Ariel Pinelli. Another day we will have optional time for ecotourist activities like horseback riding or ziplining.

Day 6 March 3 (B, L)

7:00am Breakfast.

8:00am Last morning forest climb.

12:00pm Check out and lunch at Café Buenavista.

2:00pm Leave for Fernandito Funes-Monzote's farm "Finca Marta". We will learn about the agroecology movement in Cuba and then enjoy a family style early dinner on the farm (will be \$ 25 per person). We will enjoy some time for further exchange on the farm before we return to Havana.

5:30pm Check into casas.

Evening Free for dinner in Havana and local cultural events (maybe live jazz at la Zora y el Cuervo or salsa at the Casa de Musica).

## Day 7 March

<u>4</u> (B,D)

9:00am Breakfast.

10:00am Enjoy some free time for shopping and engaging local artisans at the San Jose

De Almancenes art and

crafts market. You will have free time to explore old Havana and enjoy lunch.

2:30pm Exchange with the community of **Murraleando** a community arts

project. Get ready to be inspired o

the power of community.

4:30pm Return to casas to rest. 6:00pm Wrap-up meeting!

7:30 pm Farewell Celebration Dinner and optional drop of at the FAC (the Fabric de

Arte Cubano for live music in an interactive arts space).

Day	8 March 5,	Hasta Luego Cuba!!!	(B)

8:00am Breakfast and then check out.

10:00Am Transfer to the Airport for return flights to the USA (Charter flight TBA).

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