Sustainable Development and Ecotourism in Cuba: A People-to-People Adventure with Dr. Pavlina Latkova

November 13-22, 2023

Monday	, November 13	Arrival and Orientation	D		
Morning	Morning Arrival in Jose Marti International Airport. We ask that the group arrive by				
2 pm .					
4:00pm	Group Check in	at the Hostal Buen Viaje.			
5:00 pm	Welcome Cockta	il and Orientation meeting.			
7:30pm	Welcome Dinne	r			
		(Overn	ight Havana)		

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Tuesday, November 14 History and Orientation to Cuba (B,L)

am Breakfast is at your leisure at the hotel.

9:00am Lecture by Cuban architect Miguel Coyula in hotel about the history and development of the Capitol. This briefing will provide you will a powerful overview and understanding of key social, economic and development milestones that will help you understand the changing realities in Cuba today.

II:00 am Enjoy a guided **Walking City Tour of Havana**, a UNESCO World Heritage Site. Delegates also have time to engage with Cubans at their art studios, galleries and markets where participants will meet with Cuban artists and find out firsthand how artist negotiate between the tourist market, a socialist economy and new opportunities for individual entrepreneurship. Visit the four major historical squares of Cuba. Historian's massive efforts to restore Old Havana buildings, attract tourism and new investment, and improve social services for local residents. See buildings and homes in different stages of reconstruction, meet with neighborhood residents. Learn about how tourism impacts economic good.

I:00pm Lunch in old Havana at Hemingway's old dive the Bodequita del Medio . continue City Tour.

4:00pm Engage with Cuban photographer Roberto Chile. Hear this man's incredible story documenting the Cuban Revolution since 1956.

EVE Dinner is free tonight but we will make a reservation so we can share with each other.

9:30 pm Enjoy live jazz at the **Zora y El Cuervo** (included but you will cab back when done).

(Overnight Havana)

<u>Wednesday, Nov</u>	vember 15	The Revol	ution and Ed	ucación	(B ,L)
am Breakfast	•				
9:00am	Briefing and ov	erview of the	e Cuban publ	ic education systen	n with a
representative of	MINED-the M	inistry of Ed	ucation. He	re we will learn abo	out
education as gua	ranteed by the	state, and the	e history of ea	ducation/pedagogy	since
1959.					
II:00am	We learn about	the history o	of the Literac	y Campaign in Cub	oa with an
informative visit	to the Literacy	Museum. Th	nis museum d	locuments how Cu	ba
educated its entire population and the programs that it inspires around the world					
today. Our special host today is Luisa.					
I:00 pm	Lunch at El Alj	ibe and our (City Tour of I	Modern Havana by	7 bus
continues.	,		-		
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3:00 pm Exchange with ISA the Fine Arts School and with students there or another performance arts school like Ena.

5:00 pm Enjoy a small break to check in, shower, swim or rest. Eve Dinner is free tonight

(Overnight Havana)

Thursday, November 16 th		Cienfuegos	(B,L)
am	Breakfast	0	

9:00am -10:30 am Basics of Salsa Dance Class after breakfast and checking out of our hotel.

Following our morning activity, we'll continue our journey east to the beautiful town of **Cienfuegos.** This winsome, seafront city has such an ethereal allure that it's known as the "Pearl of the South." After lunch we set out to walk part of the city with its charming waterfront and colonnaded streets. Visit and exchange with the Cienfuegos Choral Group for a special rehearsal and briefing with Honey Morales at the Tomas Teddy Theatre. Then we will continue onto Trinidad, a World Heritage Site located in Cuba's south central region. The group will learn about the history of this town and how the local architecture reflected the prosperity of sugar, tobacco and fruit trading, as well as about the 19th-century European influence.

Check into our casas particulares in Trinidad.

Dinner and Evening are yours to explore! The group will walk over to the Casa de la Trova where wonderful traditional live music is played (optional).

Friday Nover	mber 17th Trinidad	<u>(B,L)</u>	
am	Breakfast		
9:30am	We start this morning with a guided	d city tour of this popular colonial	
town and UN	ESCO World Heritage Site. We wil	l receive a panorama of Architecture	
and Restoration in Provincial Cuban-architecture, urban planning, colonial and			
revolutionary	history as we visit various major site	es throughout Trinidad.	
We have time to engage with Cubans at their art studios, galleries. On favorite is			
engage with t	he artist Judith Vital at her studio.		

After lunch meet with a local representative from the FMC -**the Federation of Cuban Women** to discuss gender equity in Cuba. Then we exchange with provincial representatives of Cuban Institute of Friendship with the Peoples (ICAP) to discuss an overview of local community work, political process, and U.S.-Cuba relations.

Evening is free for local music !

<u>Saturday No</u>	vember 18 th	Trinidad		<u>(B,L)</u>
am	Breakfast			
9:00am	We are off to Tope	s de Collantes high	in the Escambray Mount	tains. At
over 1000 fee	t above sea level, this	s reserve is a hikers'	paradise, offering various	trails to
explore and gorgeous viewpoints. You may be lucky enough to see endemic birds and				
animals, such as the trogon, on the trail. Enjoy a hike to the Coborni waterfalls which				
may be perfe	ct for a swim!	<i>i</i> i		

After lunch we have the afternoon to explore the coastal beauty of Playa Ancon.

Tonight, dine on your own at the paladar of your choice. As night settles in, if you have the energy, you can explore the music house which has live music along the steps of the main plaza.

Sunday, November 19 th	Zapata Swamp	(B ,L)	
9:00am Breakfast and check out of	hotel.		
Leave for the Zapata Peninsula a UNESC	O bioreserve. We will visit the	Bay of Pigs	
Museum and enjoy a visit to the beautiful	Caleta Buena, and the ocean to	explore local	
marine ecology.			
Lunch is at the Caleta as well.			
Then those of you interested in snorkeling or diving can do so at Playa Larga or Playa			
Giron.			
Enjoy the evening at the beach where you	can swim.		
4:00pm Check in to our casa particu	lar in Playa Giron.		
Dinner is free for local venues.			

<u>Monday, No</u>	ovember 20 th	Community Development & Arts	<u>(B, L)</u>
6:00am	Early morning hike t	to explore local endemic flora and fauna in	icluding
the Bee Hun	nmingbird!!		
9:00 am	Breakfast and check of	out. Return to Havana	
Lunch			

3:00pm Requested meeting representative from the Ministry of Tourism or a faculty of tourism professor from the University of Havana for an overview of the potential benefit and underbelly of tourism in Cuba.

Get ready to dance and meet local arts at a community development 5:00pm project (Proyecto Muraleando).

Dinner tonight is homecooked at Muraleando and will be \$25 per 6:30 pm person in cash.

Tuesday, November 21st Sustainable Futures & Wrap -up (\mathbf{B}, \mathbf{D}) 9:30am Meeting and discussion with the Antonio Nunez Jimenez Foundation for Nature and Humanity. The Antonio Núñez Jiménez Foundation for Nature and Humanity (FANJ) is a cultural and scientific non-governmental institution, dedicated to research and promotion of programs and projects for the protection of the environment as it relates to culture and society Topic: Sustainable Development in Cuba.

Service exchange with FANJ in a local community. II:00 am

For lunch today we will make a group reservation at a paladar (Jardin I:00pm de los Milagros) and invite Cuban filmmaker (Gloria Rolando requested) to discuss gender and race in Cuban media, and her inspirational work.

Meeting with CENESEX the Center for Sex Education in Cuba to 4:00pm discuss the impacts of tourism on contemporary culture, and health in Cuba. Learn about the new Family Code.

Farewell Dinner and after let's enjoy the lit-up streets of Havana for a 7:00pm farewell mojito.

Wedr	<u>1esday, November 22nd</u>	Hasta Luego!	В
am	Check out of hotel	_	
am	Check in for flight TBA for the a	m departure flight to Miami	
Or fee	el free to stay one or two days for pers	sonal research.	
am	option for shopping at the San Jose	de Almancenes Crafts market.	

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