



A Culture of Arts and Jazz in Cuba

January 24- February 2, 2026

Saturday , January 24 Welcome to Cuba D

- am Arrival into Jose Marti International Airport.
- 2:00 pm Check into our hotel the Grand Aston or your casa particular.
- 4:30pm Orientation Meeting and Mojito Meet and Greet, followed by an engaging explanation of the history and development of Havana by an architect/urban planner, explanation of the social and political effects on the development of the Cuban Capital (**Architect Miguel Coyula** requested).
- 7:00 pm Welcome Dinner at San Cristobal.
- 10:00pm Then we are off to check out live jazz at the "*La Zorra y El Cuervo*" (if you feel up to it.)

Sunday, January 25 Orientation to Cuba Today B, L

- 8:30am Breakfast at your leisure
- 9:30am Enjoy a **Musical Overview of Cuban music over the centuries** with Albert Fayas at hotel Nacional
- 11:30am Enjoy a guided **Walking City Tour of Havana**, a UNESCO World Heritage Site. Delegates also have time to engage with Cubans at their art studios, galleries and markets where participants will meet with Cuban artists and find out first hand how artist negotiate between the tourist market, a socialist economy and new opportunities for individual entrepreneurship. Visit the four major historical squares of Cuba. Historian's massive efforts to restore Old Havana buildings, attract tourism and new investment, and improve social services for local residents. See buildings and homes in different stages of reconstruction, meet with neighborhood residents. Learn about how

9:30am We are off to **Guanabacoa** across the Havana harbor. Here we will exchange with Jesus' family , walk and learn about the town's history.

11:00 am Next we are off to the **Vista Hermosa Farm** . We will tour the finca learn about the different crops and productions of the farm . Lunch there farm to fork.

2:30 pm Guanabacoa Cultural Community exchange at the municipal museum and AfroCuban dance troupe.

5:00 pm Return to Havana and enjoy time to rest.

Eve Live Jazz at La Zora y el Cuervo.

Wednesday January 28th A Culture of Arts (B, L)

8:00am Breakfast at your leisure

10:00 am We start our day with a guided tour of the **Bellas Artes Museum** to learn about important Cuban contemporary artists.

12:30 pm Lunch

2:00pm Visit to the ISA the **Institute of Superior Artes** or ENA the National School of Arts to learn about arts education.

3:30pm Exchange with **Rosario Cardenas Dance Program.**

5:00 pm Return to Havana and enjoy time to rest.

Eve Free for the Jazz Festival.

Thursday, January 29th **Sol de Cuba-Regla** **(B, L)**

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| 8:00am | Breakfast at your leisure |
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10:00am Visit to the **Church of Regla** to see the Black Madonna.

11:30am Exchange **Reglasol** to learn about vegetarian Cuban food and get hands on for lunch.

3:00pm Visit to the **Proyecto Orunmila** and then we will debrief with ICAP- **the Cuban Institute of Friendship with the Peoples** , We will learn about the US Cuban relations from the Cuba perspective

5:00pm Free time in Havana.

Evening free in Havana for local dining, shopping and cultural events.

Friday January 30th Solidarity, Cheers! (B, L)

8:00 am Breakfast at your leisure

10:00 am Our late morning starts with a visit to a **conservatory of music Paulita Concepcion** to learn about music education in Cuba we will leave our donations here for school children.

11:30am Exchange with our friends **Dr, Orestes and Lazaro**, at a geriatric center in Old Havana. Here we will leave our donations of medical supplies and dried milk.

1:00 pm Lunch in Old Havana.

3:00 pm Learn about the history of sugar and rum at the **Museum of Rum**.

4:30pm Let's have fun at a **Cuban Cocktail Making Class and Croqueta making class!**

6:30 pm Free time

8:00pm Optional cultural activity: tonight for those that would like we will have a drop off at the vibrant community integrative arts space the **Fabrica del Arte** and a dinner reservation at la Tierra. After there will be music for sure! *Remember we will drop you off but then you will cab back.*

Saturday, January 31st Sol de Cuba- Guanabacoa (B, L)

8:00am Breakfast at your leisure

10:00am We are back off to Guanabacoa! We start with an exchange at the **Taller de Arte Arturo Montoto** (requested).

11:30am Learn about the libreta and the food plan in Cuba as we experience shopping for local foodstuffs at a local market in Guanabacoa.

